

ADHD

The Facts

- ADHD is a term used to describe children who display over active behaviour and impulsiveness
- Between 0.5-1% of children in the UK are affected by ADHD
- Five times more boys than girls display ADHD
- In some more severe cases, the child may be treated with medication i.e. Ritalin (although this is still a widely debated issue)

Useful Websites

www.addnet.uk

www.btinternet.com/black.ice/addnet/

For further information on this issue please contact:

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GENERAL INFORMATION LEAFLET

Basic Facts for Leaders

Attention Deficit Hyperactivity Disorder (ADHD)



Dis
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NORTHERN IRELAND

General Features

Boys with ADHD generally display the following:

- Difficulty in following instructions
- Difficulty in completing tasks
- Difficulty “sticking to” a task
- Very distractible and forgetful
- Poor attention
- Restless
- Very talkative and chatty
- Interrupts other children
- Runs around inappropriately
- Shouts out
- Extremely impulsive
- Doesn't consider consequences of actions
- problem with turn taking

Areas of the BB programme which may present difficulty for the boy

Anchor Boy

- CRAFTS** — Following instructions and staying on task
- GAMES** — Following instructions/turn-taking
- STORY** — Sitting quietly, sitting still

Junior Section

- PE/GAMES** — Following instructions
- BADGE WORK** — Staying on task
- FIGURE MARCHING** — Following instructions
- GROUP WORK** — Sitting still, turn taking

Company Section

- PE** — Following instructions
- DRILL** — Following instructions, restlessness
- BADGE CLASSES** — Staying on task
- CAMPING/EXPEDITION** — Following instructions, recognizing consequences)

Useful Strategies

- When giving instructions make eye contact with the boy
- Keep instructions short and simple
- Provide the child with two choices avoid allowing the child to say NO!
- Use checklists to help in completing a task
- Present text in large print, well spaced out and not cluttered
- Set short, achievable targets
- Give immediate praise and rewards on completion of tasks
- Provide a “time-out” calming down area to deal with temper tantrums

Please note these are general strategies

EACH BOY IS UNIQUE

It is therefore important to speak to his parent(s) to gain individual relevant information.

